

# Imagine

## *YMCA Core Programs*

### ***CHILD CARE:***

YMCA childcare nurtures a child's personal and physical development, and focuses on family values and involvement. It provides convenient locations and caring staff members with age-appropriate experiences for young children, infants and toddlers. Most branches offer school-age care for those hours before and after school and for school holidays.

### ***AQUATICS:***

Swim lessons provide skills instruction and safety training for all ages and ability levels. Other programs such as family swim, lap swim and water exercise can help strengthen bodies as well as build relationships.

### ***YOUTH SPORTS:***

The YMCA sports programs teach cooperation and teamwork, meet physical and social needs of kids and adults, develop skills, build self-esteem, strengthen families and promote healthy lifestyles. We have taken a proactive approach to a healthy philosophy in youth. Everybody plays, everybody wins at the Y!

### ***CAMPING:***

Camping builds self-reliance, encourages strong moral values, nurtures personal development, teaches respect for the environment, and develops skills for joyful living. Day Camp is offered at several locations during the summer months for school-age children. YMCA Camp Classen, a resident camp in Davis, Oklahoma, provides a superb traditional camping experience for those wishing to experience overnight, resident camping.

### ***COMMUNITY AND YOUTH DEVELOPMENT:***

Teens find opportunities, training, and the encouragement they need to make the transition from childhood to adulthood. They discover their talents for leadership and learn how to develop them through serving others.

The YMCA of Greater Oklahoma City is inclusive of all people regardless of age, gender, religion, income, or ability. Diversity remains a source of strength.